

CASE REPORTS

Absence of Device-Device Interaction (DDI) in a Patient with Cardiac and Diaphragmatic Pacemakers for Congenital Central Hypoventilation Syndrome

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MOVAHED, M.R., ET AL.: Absence of Device-Device Interaction (DDI) in a Patient with Cardiac and Diaphragmatic Pacemakers for Congenital Central Hypoventilation Syndrome. *Autonomic control of ventilation is impaired in patients with Ondine's curse or congenital central hypoventilation syndrome (CCHS), but voluntary control remains intact. Bradyarrhythmias can be life threatening. In a patient with CCHS and long sinus pause requiring cardiac pacemaker insertion, a diaphragmatic pacemaker inserted in early childhood caused diaphragmatic pacer spikes observed during the interrogation of the cardiac pacemaker. Diaphragmatic pacing did not interfere with the cardiac pacemaker function. (PACE 2005; 28:1238–1239)*

bradyarrhythmias, arrhythmias, Ondine's curse, congenital central hypoventilation syndrome (CCHS), cardiac abnormalities, syncope, pacemaker

Background

Congenital central hypoventilation syndrome (CCHS) is a heterogeneous disorder with impaired autonomic control of ventilation. These patients usually require mechanical ventilation soon after birth, and some patients respond to diaphragmatic pacing. There are many other diseases associated with this syndrome including life-threatening bradyarrhythmias. We report a case of CCHS presenting with sinus node dysfunction.

Case Report

The patient, a 14-year-old man, was born with the diagnosis of CCHS. He has been under our care on chronic ventilatory support since birth, as well as general medical care. He is developmentally delayed and has a seizure disorder. Soon after birth, he was diagnosed with Hirshsprung's disease which required surgical repair. He required home ventilatory support 24 hours a day during the first few years of life, with a need for daytime ventilatory support that decreased as the child grew. He underwent placement of a diaphragmatic pacer in order to be completely independent during the day. He was noted to have prolonged sinus pauses (Fig. 1) with heart rates recorded in

the low 40s and high 30s. A dual chamber pacemaker was inserted. During pacemaker interrogation, diaphragmatic pacing spikes were noted on the intracardiac ECG as high frequency oscillations every 3 seconds (Fig. 2). Despite this interference, cardiac pacemaker function was not affected. He has now been followed for 18 months since the cardiac pacer was inserted, and is doing well and remains asymptomatic.

Discussion

Patients with CCHS have impaired ventilatory response to hypoxia or hyperapnea, usually during sleep.^{1–3} The CCHS is thought to be secondary to the insensitivity of the central chemoreceptors to carbon dioxide. Patients usually require mechanical ventilation soon after birth. Diaphragmatic pacing has been effective in the improvement of symptoms in some patients.^{4–8} The cause of the long sinus pause in our patient was not certain. Based on the presence of wandering atrial pacemaker vs junctional rhythm before the onset of long sinus pause, it suggests vasovagal mechanism. Autonomic dysfunction also affects cardiac rhythm. Bradyarrhythmias, vasovagal symptoms, and asystole have been reported in patients with CCHS, which may require pacemaker implantation.^{9–13}

Sleep-related disorder of ventilation, the so-called obstructive or central sleep apnea, can occur in children and adults, and resembles CCHS, which cause hypoxia during sleep. However, these sleep disorders are not congenital, and are mostly secondary to airway obstruction during sleep or central apnea secondary to concomitant disorders involving heart or central nervous system such as

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Received May 20, 2005; revised July 7, 2005; accepted July 13, 2005.

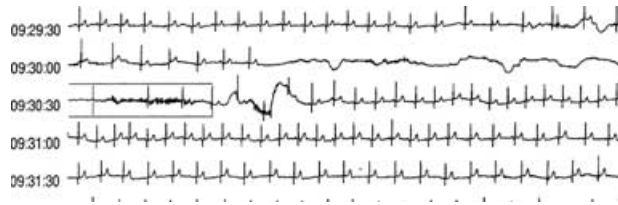


Figure 1. Long sinus pause over 3 seconds is seen during 24-hour Holter monitor recording.

prematurity. Central sleep apnea (CSA) is an acquired sleep disorder that usually occurs in adults and is not a single disease but present as the final pathway in a large group of heterogeneous disorders. It is characterized by apneic events during sleep with no associated ventilatory effort.¹⁴

In a survey of 32 patients with CCHS, heart block and sick sinus syndrome occurred in two patients, requiring permanent cardiac pacemaker insertion.¹² In a larger survey of 196 patients with CCHS, cardiac pacing was required in 4.1% of the patients.¹³

Dual chamber pacemaker insertion with rate drop response function can significantly reduce the syncopal episodes in patients with vasovagal syncope and should be programmed in patients suspected of this disorder.^{15,16}

Our patient had concomitant diaphragmatic pacing. Interestingly, during follow-up cardiac pacemaker interrogation, simultaneous diaphragmatic pacing spike was recorded on the intracardiac ECG, without any effect on the cardiac pacemaker function.

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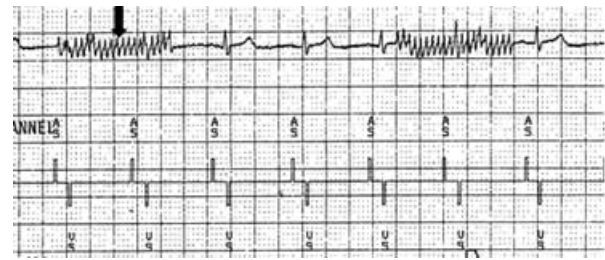


Figure 2. Intracardiac pacemaker recording: Diaphragmatic pacing spikes are seen as high frequency oscillations after every three beats (arrow) together with intracardiac electrocardiogram during cardiac pacemaker interrogation (Type: Medtronic, Kappa KDR921, atrial pacing threshold: 0.5 v/0.52 ms, ventricular pacing threshold: 0.25 v/0.52 ms, P wave: 1.4 mv, R wave: 5.6 mv, atrial sensitivity setting: 0.5 mv, ventricular sensitivity setting: 2.0 mv).

In order to prevent sudden death, we suggest comprehensive evaluation of patients with CCHS for bradyarrhythmias.

Conclusion

Autonomic dysfunction is common in patients with CCHS, leading to pulmonary and cardiac rhythm abnormalities. Bradyarrhythmias are a life-threatening complication of autonomic dysfunction. Therefore, comprehensive evaluation of patients with CCHS is recommended for early diagnosis and appropriate treatment of bradyarrhythmias.